

Underwriting Continuing Education (CE) Program Credits

Pilot Year 2021 – One-Year Cycle

This is not an exhaustive list of acceptable activities for CE credit. Use your judgement on the relevance of the activity to your technical or leadership career in underwriting.

Acceptable Activities for Earning Continuing Education Credits	Maximum CE Credit Limitations during One-Year Certification Cycle in 2021	Weighting/Credits
Company Training (relevant to underwriting)		
Internal Presentations (50 minutes or more) <ul style="list-style-type: none"> Medical Presentation Non-medical Presentation Case Clinics 	Maximum 8 CE credits	1 CE credit for each applicable presentation attended (50 minutes or more)
Virtual Training (industry)		
Webinar or Live Streaming Event (50 minutes or more) <ul style="list-style-type: none"> ALU AHOU CIU Reinsurer or Vendor Other webinar or live streaming event (50 minutes or more) 	No maximum	1 CE credit per webinar or live streaming event (50 minutes or more)
Podcasts or Live Streaming Event (less than 50 minutes) <ul style="list-style-type: none"> ALU AHOU CIU Reinsurer or Vendor Other podcast or live streaming event (less than 50 minutes) 	No maximum	½ CE credit per podcast or live streaming event (less than 50 minutes)
Exams & Courses (passed)		
ALU Exams <ul style="list-style-type: none"> ALU 101, 201, 202, 301 MRAP 1, 2 	No maximum	20 CE credits per exam (passed)
Other Industry Exams & Courses <ul style="list-style-type: none"> LOMA exam CLU exam Other industry course or exam 	No maximum	8 CE credits per course (passed)
Other Professional Development <ul style="list-style-type: none"> MBA Program course College or University course Other professional development course 	No maximum	8 CE credits per course (passed)

Publications & Professional Development (reading)		
On-the-Risk (OTR) <ul style="list-style-type: none"> Quarterly Publication (with completed OTR Quiz) 	Maximum 8 CE credits	2 CE credits per publication with completed OTR Quiz
Professional Development (content 50 minutes or more, relevant to your career) <ul style="list-style-type: none"> Self-study course In-depth papers or articles 	Maximum 8 CE credits	1 CE credit per course, paper or article (content 50 minutes or more)
Presenting (industry or company)		
Presenter – National, Regional or Local Conference, Seminar or Meeting <ul style="list-style-type: none"> National Conference Regional Conference Local or Regional Underwriting Seminar or Meeting 	Maximum 8 CE credits	8 CE credits per presentation (repeat sessions do not qualify for separate credits)
Presenter – Internal Meeting or Hosted Webinar <ul style="list-style-type: none"> Company presentation Industry presentation Company or industry hosted webinar 	Maximum 8 CE credits	2 CE credits per presentation (repeat sessions do not qualify for separate credits)
Volunteering (industry)		
Author or Contributor – Published Article <ul style="list-style-type: none"> OTR Article Other Published Article 	Maximum 8 CE credits	8 CE credits per research paper or published article
ALU Exam Question Writers and Coordinators	Maximum 8 CE credits	8 CE credits per year of involvement
Contributor – Underwriting or Industry Organization <ul style="list-style-type: none"> ALU Board or Committee Member AHOU Board or Committee Member CIU Board or Committee Member Local or Regional Underwriting Organization Committee Member Other contributing member of an underwriting or industry organization 	Maximum 4 CE credits	4 CE credits per year of involvement
In-Person Conferences, Seminars & Meetings		
National Conferences (2 – 3 days) <ul style="list-style-type: none"> AHOU Annual Conference CIU Annual General Meeting Other 2-3 day conference (such as CLIMOA, AAIM, SOA) 	Maximum 8 CE credits	8 CE credits per full conference
Regional Conferences (1.5-2 days) <ul style="list-style-type: none"> MUD Annual Conference Midwestern Underwriting Conference (MUC) SEHOUA Conference CIU Annual Education Seminar 	Maximum 6 CE credits	6 CE credits per full conference

<ul style="list-style-type: none"> • Other 1.5-2 day conference 		
Local Underwriting Seminars (0.5 – 1.5 days) <ul style="list-style-type: none"> • Local or Regional Underwriting Seminar • Canadian Living Benefits Seminar • Other 0.5-1.5 day seminar 	Maximum 4 CE credits	4 CE credits per full seminar
Local or Regional Underwriter Meeting (50 minutes or more) <ul style="list-style-type: none"> • Event with presentation on educational topic • Other local or regional underwriting meeting 	No maximum	1 CE credit per meeting