

Underwriting Continuing Education Certification (CE) Program Credits

Two-Year Certification Cycle – 50 CE Credits (Jan 2024 – Dec 2025)

This is not an exhaustive list of acceptable activities for CE credit. Use your judgment on the relevance of the activity to your technical or leadership career in underwriting. Reach out to registrar@alu-web.com with any questions regarding credits/credit earning activities.

Acceptable Activities for Earning Continuing Education Credits	Maximum CE Credit Limitations during Two-Year Certification Cycle in 2024-25	Weighting/Credits
Company Training (relevant to underwriting)		
Internal Presentations (50 minutes or more) <ul style="list-style-type: none"> Medical Presentation Non-medical Presentation Case Clinics 	Maximum 16 CE credits	1 CE credit for each applicable presentation attended (50 minutes or more)
Internal Presentations (less than 50 minutes) <ul style="list-style-type: none"> Medical Presentation Non-medical Presentation Case Clinics 	Maximum 8 CE credits	½ CE credit for each applicable presentation attended (less than 50 minutes)
Internal Advanced Underwriting Training Programs (Minimum of 4 weeks – or 40 hours) <ul style="list-style-type: none"> Must be a formal program Requires pre-approval by CE Certification Committee Requires verification of completion provided by company Does not include new hire training 	Maximum 40 credits	Send a request for program consideration to registrar@alu-web.com A detailed description of course content/syllabus and hours required for program completion should be included. A verification of completion is required for each underwriter, and credits will show as 0 until verification is complete.

Acceptable Activities for Earning Continuing Education Credits	Maximum CE Credit Limitations during Two-Year Certification Cycle in 2024-25	Weighting/Credits
Virtual Training (industry)		
Webinar or Live Streaming Event (50 minutes or more) <ul style="list-style-type: none"> • ALU • AHOU • CIU • Reinsurer or Vendor • Other webinar or live streaming event (50 minutes or more) 	No maximum	1 CE credit per webinar or live streaming event (50 minutes or more)
Short Webinars, Podcasts, or Live Streaming Event (less than 50 minutes) <ul style="list-style-type: none"> • ALU • AHOU • CIU • Reinsurer or Vendor • Other podcast or live streaming event (less than 50 minutes) 	No maximum	½ CE credit per podcast or live streaming event (less than 50 minutes)
Exams & Courses (passed)		
ALU Exams <ul style="list-style-type: none"> • ALU 101, 201, 202, 301 	No maximum	20 CE credits per exam (passed)
Advanced Professional Development <ul style="list-style-type: none"> • MBA program course • CLU course • Executive Leadership course or program • Other advanced professional development program or course (minimum 2 full days of content) 	No maximum	8 CE credits per course (passed)
Other Industry Exams & Courses <ul style="list-style-type: none"> • LOMA or other industry course or exam (such as ARA, ACS, PMP, HIA) 	No maximum	4 CE credits per course (passed)
Other Professional Development Courses <ul style="list-style-type: none"> • Bachelor or Associate College or University course • Other professional development program or course (less than 2 full days of content) 	No maximum	4 CE credits per course (passed)

Acceptable Activities for Earning Continuing Education Credits	Maximum CE Credit Limitations during Two-Year Certification Cycle in 2024-25	Weighting/Credits
Publications & Professional Development		
On-the-Risk (OTR) <ul style="list-style-type: none"> Quarterly Publication (with completed OTR Quiz) 	Maximum 16 CE credits	2 CE credits per publication with completed OTR Quiz
Industry or Professional Publications (content equivalent to 30 minutes, relevant to your career) <ul style="list-style-type: none"> In-depth papers or articles 	Maximum 8 CE credits	½ CE credit per paper or article (content equivalent to 30 minutes)
Formal Mentoring Program <ul style="list-style-type: none"> AHOU Mentoring Formal Company Specific Mentoring (Excludes regular development or referral programs) 	Maximum 8 CE credits	½ credit for each formal mentoring session as a mentor or mentee (up to 50 minutes)

Presenting (industry or company)		
Presenter – National, Regional or Local Conference, Seminar or Meeting <ul style="list-style-type: none"> National Conference Regional Conference Local or Regional Underwriting Seminar or Meeting 	Maximum 16 CE credits	8 CE credits per presentation (repeat sessions do not qualify for separate credits)
Presenter – Internal Meeting or Hosted Webinar/Podcast <ul style="list-style-type: none"> Company presentation Industry presentation Company or industry hosted webinar 	Maximum 16 CE credits	4 CE credits per presentation (repeat sessions do not qualify for separate credits)

Volunteering (industry)		
Author or Contributor – Published Article <ul style="list-style-type: none"> OTR Article Other Published Article 	Maximum 16 CE credits	8 CE credits per research paper or published article
ALU Exam Question Writers and Coordinators	Maximum 16 CE credits	8 CE credits per year of Involvement
Contributor – Underwriting or Industry Organization <ul style="list-style-type: none"> ALU Board or Committee Member AHOU Board or Committee Member CIU Board or Committee Member Local or Regional Underwriting Organization Committee Member Other contributing member of an underwriting or industry organization 	Maximum 8 CE credits	4 CE credits per year of involvement

Acceptable Activities for Earning Continuing Education Credits	Maximum CE Credit Limitations during Two-Year Certification Cycle in 2024-25	Weighting/Credits
In-Person Conferences, Seminars & Meetings		
National Conferences (2 – 3 days) <ul style="list-style-type: none"> AHOU Annual Conference CIU Annual General Meeting Other 2–3-day conference (such as CLIMOA, AAIM, SOA) 	Maximum 16 CE credits	8 CE credits per full conference
Regional Conferences (1.5-2 days) <ul style="list-style-type: none"> MUD Annual Conference Midwestern Underwriting Conference (MUC) Texas-wide Underwriting Conference (TWUS) SEHOUA Conference CIU Annual Education Seminar Congrès de L'Association Québécoise de tarificateurs -vie ALU Forum Other 1.5-2-day conference/meeting 	Maximum 12 CE credits	6 CE credits per full conference
Local Underwriting Seminars (0.5 – 1 day) <ul style="list-style-type: none"> Local or Regional Underwriting Seminar Canadian Living Benefits Seminar Underwriting Association of Winnipeg Conference Other 0.5-1-day seminar 	Maximum 8 CE credits	4 CE credits per full seminar
Local or Regional Underwriter Meeting (50 minutes or more) <ul style="list-style-type: none"> Event with a presentation on an educational topic Other local or regional underwriting meeting 	No maximum	1 CE credit per meeting